

A PRACTICAL GUIDE TO  
**ELECTRO-HOMEOPATHY**  
CLINICAL PRACTICE

(THIRD EDITION)

Dr. ISMAYIL

Electro-Homeopathy Clinical Practice

**A Practical Guide**  
**to**  
**Electro-Homeopathy**  
**Clinical Practice**

*Author*

*Dr. Ismayil*

**A Practical Guide to**

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(English)**

**Author:** Dr. Ismayil, Kerala

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**Publication Unit**

**Modern Electro-Homeopathy Clinic**

**VI/812 (VP), Valanchery, Kerala state**

**South India, PIN - 676 552**

**Phone: +91-494-2642838, Cell: +91-9744467445**

**Web: [www.drismayil.com](http://www.drismayil.com) / [www.drismayil.in](http://www.drismayil.in)**

**E-mail: [info.ehomeo@gmail.com](mailto:info.ehomeo@gmail.com) / [info@drismayil.com](mailto:info@drismayil.com)**

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## ACKNOWLEDGEMENT

I am very happy to publish the third edition of this book "A PRACTICAL GUIDE TO ELECTRO-HOMEOPATHY CLINICAL PRACTICE", with additional subject of Law of Temperment. I'm very thankful to readers of previous editions of this book, and their suggestion to improve the content of the book. This book deliberately planned to be a source of information on the subject of Electro-Homeopathy with the absolute essence and to the core of understanding to live in a better 'way' or "way of Life" to patients, students, even Electro-Homeopaths and lay-people in general. The uphill task was, however, successfully completed by the Grace of God, who bestowed upon me the requisite determination, diligence and dexterity to attain the cherished goal.

It is not intended to be a sort of 'home doctor' but the reader can consult an Electro-Homeopathy practitioner to get a diagnosis of their own or other symptoms. One of the intentions of the book is to show that Electro-Homeopathy has a complex of diagnostic method which takes a practitioner many years in which to become an expert. However, I believe this book helps you become a good practitioner. This book is dealing the real medicine base on theory of Dr. Count Ceaser Mattei.

According to my study the real cause procedure, psychological change of the body and when we take the real medicine the real case broken, i.e. if we want to break the ice cube just tickle the cubic corner of the ice similarly the real cause rectified and the supportive cause nullified.

I saw many difficulties on various subjects of Electro-Homeopathy in different books, students and practitioners are facing lot of difficulties in the selection medicine, dose and dilution, also making dilution etc. of Electro-Homeopathy along with much confusion. I have maximum tried to clear confusions, I hope this book may be useful to all Electro-homeopathy students and practitioners who are willing to have a clear conception about Electro-Homeopathy. This book is the result of many hours of intense, but interesting research, practice and study of Electro-Homeopathy. But I would not have been wholly successful, if not, for the encouragement and help of many leading Electro-Homeopathic practitioners. I hope that this book will give adequate knowledge to the readers.

I am very much grateful to Dr. NK Awasthi, Dr. Rajesh Sharma, Dr. Sanjive Sharma, Dr. Yarnul Islam Khan, Dr. Rehanul Huda, Dr. Patric Chorus, Dr. KT. Ajmal, Dr. CS. John, Dr. Debasish Kundu, Dr. AP Mourya, etc. for their blessings, subtle guidance and inspiration. Special thanks to Dr. John T. Hansen, who was encouraging and promoting to writing this book. I'm thankful to all my teachers, students, friends for their good wishers, blessings, support and encouragement. I sincerely appreciate everyone who has helped me to publish this book.

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Finally, I would like to dedicate this book to my father, the world's greatest Dad, my first role model and daily inspiration to develop myself in my passionate Profession.

**Dr. Ismayil**

## PREFACE

“A practical Guide to Electro-Homeopathy Clinical Practice” will reveal the actual “guide of practice” to the Electro-Homeopaths. And it will lead you to be one among the Superior Electro-Homeopathy Practitioners.

How are superior Electro-Homeopath born? No different from how you and I were born after our mother screaming in pain for many hours in labour or maybe after an impatient Gynecologist decides to pick up the knife and make a quick incision while great electro-homeopaths leave their mark in the society, all others do is leave C section cuts and stretch marks in our beautiful mother’s abdomen.

But a little wise bird told me, if you can talk for fifteen minutes about Electro-Homeopathy and hold the other person’s attention, you might as well be a finest writer on the subject of Electro-Homeopathy.

“Oh God! All of us talk. Not just for 10 but several minutes!”

That is how some of us gathered the courage and material from our memory of understanding in Electro-Homeopathy to open down the thoughts, secrets and experience.

When it comes to Electro-Homeopathy, it is not just the writing, but the order and way of delivering the content also counts. But for most of us the best books of Electro-Homeopathy are more of a philosophy that is very much isolated from the readers and that is the basic reason to not thoughtfully, understanding the essence properly and it mainly hides the secrets of Electro-Homeopathy from the readers.

As an Electro-Homeopath for almost many years of time, I have had the privilege of learning from many legends and teachers of Electro-Homeopathy.

As an Electro-Homeopathy practitioner, I often jumped from enthusiasm, happiness, astonishment to boredom, indifference and even anger at times. But some teachers have made listening worth everything!

There have been great teachers who brilliantly narrated their own experiences. But what I really admire about them is their selflessness and interest in sharing with the world around them. That is what makes them "Great Electro-Homeopaths".

I really thank them all with gratitude and look forward to the feedbacks of the readers about the book "A practical Guide to Electro-Homeopathy Clinical Practice".

## VITAMINS

**Vitamins:** Vitamins are nutrients our body needs to function and fight off disease. Vitamins are organic components in food that are needed in very small amounts for growth and for maintaining good health. Our body cannot produce vitamins itself, so we must get them through food we eat or in some cases supplements. In humans, there are 13 vitamins that are essential to our body working well, 4 fat-soluble (A, D, E, and K) and 9 water-soluble (8 B vitamins and vitamin C). Water-soluble vitamins dissolve easily in water and, in general, are readily excreted from the body, to the degree that urinary output is a strong predictor of vitamin consumption.

Vitamins and minerals are considered essential nutrients; they perform hundreds of roles in the body. They build our immune system, metabolize food into energy, support growth, synthesize hormones and activate enzymes for proper functioning of our body. Without vitamins, our body would not be able to function and maintain itself. A vitamin deficiency could be severe enough to result in a critical condition or even death.

**Immune system:** Vitamins A, C and E are antioxidants that build and enhance our immune system. As these vitamins strengthen our immune system, they reduce our risk of illness. This could range from preventing a cold to reducing our risk of heart disease and cancer. When we are injured, vitamin C helps the wound heal quickly. Though vitamin K is not an antioxidant, it also helps mend our injuries by allowing our blood to clot to prevent further blood loss.

**Growth and maintenance:** Vitamin A is required for the development of sperm and ovaries as well as normal growth over the years. It also continuously grows new cells in our skin, bones and hair to maintain their development and strength. Vitamin A is

disorders, sleeplessness, confusion, nervousness, depression, irritability, interfere with nerves that supply muscles and difficulties in movement of these muscles, and anemia. Prenatal deprivation results in mental retardation and blood disorders for the newborn.

- **Toxicity:** High doses of supplemental vitamin B6 may result in painful neurological symptoms.
- **Sources:** Whole wheat, brown rice, green leafy vegetables, sunflower seeds, potato, garbanzo beans, banana, trout, spinach, tomatoes, avocado, walnuts, peanut butter, tuna, salmon, lima beans, bell peppers, chicken meat, etc.

**Vitamin B9:** It is the naturally occurring form found in foods. It's the synthetic form used in commercially available supplements and fortified foods. Inadequate vitamin B9 status is associated with neural tube defects and some cancers.

- **Deficiency:** One may notice anemia (macrocytic / megaloblastic), sprue, leukopenia, thrombocytopenia, weight loss, cracking and redness of the tongue and mouth, and diarrhea. In pregnancy, there is a risk of low birth weight and preterm delivery.
- **Toxicity:** Not from food. Keep in mind that vitamin B12 and B9 deficiency can both result in megaloblastic anemia.
- **Sources:** Green leafy vegetables, asparagus, broccoli, brussels sprouts, citrus fruits, black eyed peas, spinach, great northern beans, whole grains, baked beans, green peas, avocado, peanuts, lettuce, tomato juice, banana, papaya, organ meats, etc.

**Vitamin B12:** It must combine with intrinsic factor before it's absorbed into the bloodstream. We can store a year's worth of

- **Toxicity:** Possible problems with very large vitamin C doses, including kidney stones, rebound scurvy, increased oxidative stress, excess iron absorption, vitamin B12 deficiency, and erosion of dental enamel.
- **Sources:** Guava, bell pepper, kiwi, orange, grapefruit, strawberries, Brussels sprouts, cantaloupe, papaya, broccoli, sweet potato, pineapple, cauliflower, kale, lemon juice, parsley, etc.

## MINERALS

**Minerals:** The minerals in our diet are essential for a variety of bodily functions. They are important for building strong bones and teeth, blood, skin, hair, nerve function, muscle and for metabolic processes such as those that turn the food we eat into energy, similarly as vitamins, that we said above. Most of us take our bodies for granted, but if we stop to think about it the human body performs amazing feats every day. The millions of tiny cells in our body require essential nutrients to grow, develop and work together in perfect harmony. These essential nutrients, those that our body needs but cannot produce similar as vitamins; include the inorganic substances found in foods known as minerals. Here is a list of some of the minerals found in the body, including their associated benefits:

- **Boron** – This mineral plays an essential part in bone health, brain function, sexual health, preventing cancer, reducing muscle pain, etc.
- **Chromium** – This is trace mineral is important for glucose uptake in our body, so is particularly relevant to those suffering from diabetes. It increases glucose uptake by the cells, which

- Phosphorus – This mineral is integral in reducing muscle weakness, improving bone health, boosting brain function, correcting sexual weakness, aiding in dental care, and optimizing body metabolism.
- Iodine – This often overlooked component of health can alleviate goiter, fibro cystic breast disease, skin conditions, and cancer, while improving hair care, protecting pregnancy, and improving body metabolism, etc.
- Iodide – This is a secondary form of iodine, but is very important in terms of bodily function. It is similarly involved in the overall thyroid function, and without it in the body's system, goiter will develop. It is vital for producing thyroxin (T4), without which, the body can experience a fall in metabolic rate and increase cholesterol levels.
- Manganese – It plays an important role in the management of body metabolism, osteoporosis, reducing fatigue, reproduction, sprains, inflammation, brain function, and epilepsy etc.
- Copper – This common mineral improves brain function, soothes arthritis, helps in skin care, eliminates throat infections, corrects hemoglobin deficiency, prevents heart disease, and immunity improvement, etc. It's commonly associated with the uptake of iron and the facilitation of a properly functioning circulatory system.
- Selenium – It might be a rare mineral, but its function is significant. It is one of the most powerful mineral antioxidants, and it actually prevents the formation of new free radicals by participating in various cellular reactions that lower the peroxide concentration in the cellular body. Reducing free radical formation is only one of selenium's functions. It also is essential for bone growth, along with calcium, copper, and zing.

norepinephrine, a chemical that can moderate the brain's response to stress. Physical activity and exercise can have immediate and long-term health benefits. Most importantly, regular activity can improve your quality of life.

**Hygiene:** Personal hygiene involves those practices performed by an individual to care for one's bodily health and well being, through cleanliness. Good personal hygiene is essential to promoting good health. These habits such as washing our hands and brushing and flossing our teeth will help keep bacteria, viruses, and illnesses at bay. And there are mental as well as physical benefits. Maintaining personal hygiene is necessary for many reasons; personal, social, health, psychological or simply as a way of life, keeping a good standard of hygiene helps to prevent the development and spread of infections, illnesses and bad odors. Good hygiene is important all year round to protect ourselves, and others, from illness. During winter, influenza, colds and gastroenteritis are more common and easily spread among people. Washing our hands with soap and warm water can help prevent the spread of infectious diseases.

**Yoga:** It is an integral part of our lifestyle; it removes the impurities from the level of mind and unites everything with the spirit. For instance, insomnia could be connected to stress, anxiety or depression. We have to address that issue instead of merely taking medication. This way, we have a wider perception of our own mind, body, thoughts and emotions and there's more clarity and we are able to guide our Prana (life force) in a positive way to progress in life.

An irregularity in the body affects the mind and similarly unpleasantness or restlessness in the mind can manifest as an ailment in the body. Yoga poses massage organs and strengthens

little at a time. Keep a notebook and write about which changes you made and how they worked for you – following the example set by the author of “The Happiness Project.” When you get discouraged, read back over your entries to remind yourself of all you have accomplished.

### THE BASICS OF SKIN CARE

Proactive skin care can help keep your skin youthful and healthy. Start with skin care rule No.1 – protect yourself from the sun. When you’re outdoors, wear protective clothing and use generous amounts of sunscreen. Then consider other skin care basics, such as avoiding strong soaps and managing stress. Of course, skin care goes beyond sunscreen and daily cleansing. Understand the risks and benefits of tattoos and piercings, including the latest tattoo removal techniques. Know the ins and outs of sunless tanning products. Find out the best ways to treat acne. Consider whether laser hair removal is right for you. Whatever your skin care needs, count on reliable information to help your skin look its best.

Next to eating well and exercising, maintaining a healthy complexion is one of the key ways to look our best. Taking care of our skin doesn’t have to be an expensive endeavor. These days, high-quality skin care products / cosmetic products are available at any drugstore, formulated for oily, normal or dry skin types. While the individual ingredients of each product may differ depending on what our skin needs, a basic skin care regime involves four simple steps: cleanse tone, moisturize and exfoliate. Whether or not we need all four steps will depend on your skin type and preferences.

## EYE CARE

Do you include eye care in your overall health care? If you're seeing clearly, it's easy to overlook routine eye care — but it's still important. Regular eye exams can give your eye care specialist a chance to help you correct or adapt to vision changes, as well as detect eye problems at the earliest stage. If you wear glasses or contact lenses, you might be considering laser eye surgery as part of your eye care. Understand who's a good candidate for eye surgery, as well as the risks and benefits of surgery. It's also important to think about common vision problems as you age, such as difficulty reading small print, cataracts and glaucoma. Knowing what's normal — and what's not — can help you know when you need special eye care.

Changes to the health of your eyes can happen gradually and you may not have any obvious signs of disease. It is important to have your eyes checked on a regular basis by an optometrist or other eye care health professional. Most vision problems are avoidable or can be treated. You can take action to keep your eyes healthy.

Here are 10 actions you can take to keep your eyes healthy:

1. Wear a hat and sunglasses when you are outdoors. Ultraviolet light can cause damage to your eyes and, in the long term, lead to eye conditions such as cataracts.
2. Wear eye protection at your workplace. Sixty percent of all eye injuries occur at work. Jobs that involve handling hazardous chemicals or the use of machinery to cut, drill, grind, hammer, sand, spray or weld increase your chances of eye injuries.

If you feel uncomfortable about giving rescue breaths, remember that chest compressions alone are life savers - do not just stand there doing nothing. It is important not to let your hands bounce when you are performing chest compressions - make sure the heel of your hand is touching the casualty's chest all the time during the chest compressions. You may hear some pops and snaps during chest compressions; this is normal, so do not stop.

## **PSYCHOSOMATIC DISORDER**

Stress can wreak havoc not only on your mind, but also on your body. There is a reason why doctors tell you time and again to not get stressed over small issues. This precautionary recommendation holds greater importance, especially if you are ill or have a weak immune system. This is because worrying about a disease can lead to physical symptoms. Well, if you did not know this, you may want to read this chapter.

We often hear that psychology plays a vital role in curing the disease, and even doctors agree with this. So, if our healthy mental state could help us in getting relief, it is also likely that poor mental health can affect our physical being. The term 'psychosomatic disorder' is used for such conditions. Read future lines on to know more about them and how they are related to psychology.

### **What Is Psychosomatic Disorder?**

The term 'psychosomatic disorder' is used for a physical disease that is thought to be caused or made worse by mental factors.

and anxiety can lead to something more dangerous than a temporary feeling of anger, depression, or frustration. Keeping stress and anxiety at bay is the key goals.

### **MEDICAL DEFINITION OF PLACEBO EFFECT**

**Placebo effect:** Also called the placebo response. A remarkable phenomenon in which a placebo (a fake treatment, an inactive substance like sugar, distilled water, or saline solution) can sometimes improve a patient's condition simply because the person has the expectation that it will be helpful, expectation to play a potent role in the placebo effect. The more a person believes they are going to benefit from a treatment, the more likely it is that they will experience a benefit.

Your mind can be a powerful healing tool when given the chance. The idea that your brain can convince your body a fake treatment is the real thing — the so-called placebo effect — and thus stimulate healing has been around for millennia. Now science has found that under the right circumstances, a placebo can be just as effective as traditional treatments.

To separate out this power of positive thinking and some other variables from a drug's true medical benefits, companies seeking governmental approval of a new treatment often use placebo-controlled drug studies. If patients on the new drug fare significantly better than those taking placebo, the study helps support the conclusion that the medicine is effective.

But the placebo effect is much more than just positive thinking. When this response to a fake treatment occurs, many patients

nothing. The researchers discovered that the placebo was 50% as effective as the real drug to reduce pain after a migraine attack.

The researchers speculated that a driving force beyond this reaction was the simple act of taking a pill. "People associate the ritual of taking medicine as a positive healing effect," says Kaptchuk. "Even if they know it's not medicine, the action itself can stimulate the brain into thinking the body is being healed."

How can you give yourself a placebo besides taking a fake pill? Practicing self-help methods are one way. "Engaging in the ritual of healthy living — eating right, exercising, yoga, quality social time, meditating — probably provides some of the key ingredients of a placebo effect,".

While these activities are positive interventions in their own right, the level of attention you give can enhance their benefits. "The attention and emotional support you give yourself is often not something you can easily measure, but it can help you feel more comfortable in the world, and that can go a long way when it comes to healing."

### **DEFINITION TO PAIN MANAGEMENT**

Pain management can be simple or complex, depending on the cause of the pain. An example of pain that is typically less complex would be nerve root irritation from a herniated disc with pain radiating down the leg. This condition can often be alleviated with medication and physical therapy. Sometimes, however, the pain does not go away. This can require a wide variety of skills and techniques to treat the pain. These skills and techniques include:

providing the water pressure is exactly constant. The matter of water pressure is a problem still to be solved. Furthermore, the membrane also allows some iron and nitrate molecules to pass through. Another problem to be solved.

But it now seems promising that we can look forward to tremendous strides in this system of water purification. Gulf Oil, Culligan and Eastman Kodak are sponsoring vast research in this area. High purity water between 90 and 97 percent of the dissolved mineral (and organic solutions), and over 99 percent of the suspended and colloidal particles are rejected by the special membrane which has been developed for this process by these companies in their research. The product water, from this new research, is ultra-clear, low in dissolved solids, practically free from hardness components and essentially sterile as produced. This makes a close second to distilled water.

### **9. De-ionized Water**

A process of exchanging "hard" ions for "soft". The total ions are still present. The end result is the same. But the water has the appearance of being distilled. (Nature recognizes transformation, but not extinction!) Since water leaving the sodium-cation exchange has little hardened, it contains sodium salts.

### **10. Distilled Water**

This is water that has first been turned into steam so that all of its impurities are left behind. Then through condensation, it is turned back into pure water. It is the only pure water. The only

It may be added of high personages of all nations, physicians and even large medical bodies. But undoubtedly Hahnemann's Homeopathy and his doctrine have none the less influenced Mattei's mind in his patient researches, leading principle trying to investigate the immediate effects of the remedies and bring them into practical service according to the familiar rule. On the other hand, he borrowed from Paracelsus the process of preparing the vegetable substances by means of a more or less complicated mode of fermentation, called "Cohobation", and also the final combination of a number of ingredients with similar or supplementary effect to form a complex medicinal unity.

Dr. Mattei had written his first book in 1874 in Italian language, which was then published in other languages. He has applied himself in his lifetime to the discovery of *Materia Medica* capable of modifying; not only the manifestation or symptoms of disease, but also their principle, or to speak better their first cause. It is by means of a theory the simple, with curative agents which he called Electricity in the remedies (Electro-Homoeopathy), so elementary that everyone may cure himself and his medicine is certainly the medicine of the future. If there are but few honest hearts in this world, there is still enough remaining to bless his memory.

Later on this system was further developed by DR. COUNT CESAR MATTEI adherent THEODORE KRAUSS and CARL FRIEDRICH ZIMPEL, and who have given the different manufacturing method for making Electro-Homeopathic remedies, which is known as respectively 'Krauss method' and 'Zimpel method'.

**Theodore Krauss:** The German physician Theodore Krauss (*Born on 3rd November 1864, died 1st October 1924*) made a notable contribution to Electro-Homeopathy medicine and JSO

Each person has a unique brain stem that cannot change over the course of their life. We can try to know few things about this various temperaments.

If you have a generally negative outlook, you have a lot of company. While your underlying temperament may be a permanent aspect of who you are, especially as you get older and continue building your experience based on how you see the world, you can certainly heal some of the ways that you feel and change your outlook on life. You're not going to be a whole other person, but you can make sure that a better tomorrow is possible with the right tools and mindset.

Scholars recognize four primary temperament types. The names of the types were originally names of humour in more distant times. It was believed that humours caused people to behave in certain ways. Although science has refuted the existence of humour in that fashion, the names of the four temperament types stuck.

It is possible, in fact likely, that someone will have both primary and secondary (single or mixed) temperament types. A person can have any combination of the temperament types to make up their overall personality. The four primary temperament types are briefly explaining below.

## TEMPERAMENT TYPES

Four fundamental temperament types exist, and they are as follows:

1. Lymphatic temperament
2. Sanguine temperament

- Is quick and decisive in movement; pronounced or excessive energy output.
- Has marked tendency to persevere; does not abandon something readily regardless of success.
- Is characterized by emotions, not freely or spontaneously expressed, except anger.
- Makes best appearance possible; perhaps conceited; may use hypocrisy, deceit, disguise.

## NERVOUS TEMPERAMENT

The Nervous temperament is fundamentally relaxed and quiet, ranging from warmly attentive to lazily sluggish. Nervous persons are referred to as “the watcher” – they are best in positions of unity and mediation, and solid in positions that desire steadiness. The Nervous person is most often a female who tends to be easy going, content with herself, calm, cool and collected, tolerant of others, well-balanced, sympathetic, kind, unassuming, keeps emotions hidden, is happily reconciled to life, not in a hurry, has many friends, avoids conflict, inoffensive, quiet but witty, agreeable and intuitive, though they are very peaceful, patient and adaptable, they tend to be reluctant, indecisive and a worrier.

They are wonderful at gathering facts, classifying them, and seeing the relationship between them; basically, they are good at generalizing, seeing the bigger picture, and reading between the lines. They are accepting, affectionate, frequently shy, and often prefer stability to uncertainty and change. Because they are fearful, indecisive and hesitant of things in life, they have a compromising nature. They often worry about everything. They want to know

are and list out all of their characteristics. If you are successful in identifying temperament, then very easy to selection of medicine and make combinations, so treatment is very easy, and the patient will get fast relief. I hope, you understood more about the principles and fundamentals of temperaments theory, if you want to learn more, kindly attend in oral classes.

## PROCESSING OF MEDICINE

In Electro-Homeopathy, 'Cohobation' is a processing method used to get more effectiveness and efficiency of plant extracts. These plant extracts possess the refined energy forms that are used as medicine. This extract is called 'Spagyric Essence', which is a final processed product called as the D3, but mostly D4 (1st dilution) is made available from pharmaceutical companies in India. They are further used in dilutions according to the law of polarity in positive and negative doses for the acute and chronic phase of diseases. Near about 114 plants are used and the medicines are grouped into 9 categories like Scrofoloso, Canceroso, Angiotico, Febrifugo, Pettorale, Vencio, Vermifugo, Linfatico, and Electricities. Now some scholars have got research and develop some extra plants except 114 plants.

After Count Mattei, further developed this system by two scholars, which is previously discussed. They have given the different manufacturing method for making Electro-Homeopathic remedies, one is by Theodore Krauss, which is known as '**Krauss method**', another is by Zimpel, which is known as '**Zimpel method**'. Some scholars say that this is the original and true method of dilution according to Dr. Mattei followed by Zimphel, which is also described in "German Authentic Pharmacopoeia".

After this give 100 downward with strokes uniform force. This is the D5, which mean 2<sup>nd</sup> dilution.

**D6 Dilution:** Take 1 part of the D5 (2<sup>nd</sup>) dilution, and 9 parts of the vehicle as distilled water in a well cleansed phial and cork it. After this give 100 downward with strokes uniform force. This is the D6, which mean 3<sup>rd</sup> dilution.

Remember here, as per this method you can use only distilled water for preparing dilution, it's can't possible to use medicated globules, because this is traditional Homeopathic ways, so we can use distilled water only. I'm not recommending to use of alcohol in Electro-Homeopathy for making dilution.

### Method II B

Some researchers said that, if you want make spot dilution time to time in routine practice as above method (Method II A). This method is created for easy making dilution in your routine practice, but, this is unofficial method, because not working a systematic process here, (Just easy processing method only). You can take dispensing bottle of 30 ml with distilled water and put 30 drops of the D3 essence, this is called D4 (which means imagine equal to 1<sup>st</sup> dilution). As per this method, you can take dispensing bottle of 30 ml with distilled water and put 20 drops of the D3 essence, this is called D5 (which means imagine equal to 2<sup>nd</sup> dilution), and you can take dispensing bottle of 30 ml with distilled water and put 10 drops of the D3 essence, this is called D6 (which means imagine equal to 3<sup>rd</sup> dilution).

Actually, this is not the proper dilution method as per Zimpel theory, that we said above, but, according to theory D3 can't use

According to natural law everything had created that contains two types of properties as constructive and destructive, in the same way Electro-Homeopathy medicines contain two types of effects as curative and destructive and differentiate or separate these properties of medicine and teach the way of nature is the duty of the physician as we know concentrated acid acts as a corrosive, slightly diluted acids acts as irritants and absolutely diluted acids acts as a stimulant. In the same way the concentrated form of medicine stimulates our body to which may harmful.

Electro-Homeopathy medicines prescribe to the patients in diluted form according to the condition of the patient that is a positive or negative state of disease. The dilutions are three types:

**1) Positive Dilution.**

It is also known lower or strong dilution. This is stimulating or tone up the function of the body is called positive dilution and this dilutions act strongly, superficially and for a short period, according to law of nature's alpha rays appear during the process of medication. The positive dilutions are 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> dilution.

**2) Neutral Dilution.**

The neutral dilutions are neutralizing the function of the body, and act intermediate the organs and for long period, comparable to positive one according to law of nature's beta rays appear during the process of medication. The neutral dilutions are 4<sup>th</sup>, and 5<sup>th</sup> dilution.

**3) Negative Dilution.**

It is also known higher or weak dilution. This is regulating the functions of the body is called negative dilution and this dilution act weakly, deeply and for long period according to the law of

Digestive bloating, heartburns, hypo or hyper acidity, flatulence, malnutrition disorder, gastritis, dyspepsia, gastrointestinal catarrh, excessive gastric secretion, nourishes the blood formation, impurities of lymph and blood, digestion, healthy functioning of the body, loss of appetite, regulate appetite, fat burner,

Asst the liver after drinking alcohol and nicotine, addiction of tea, tobacco, coffee. Nourishment to support the digestive system, bone strengthens, and prevention of disease. Best and strong anti-toxic remedy, maintain metabolic activities, promote vital energy, improve the body immune system, disorders of upper gastrointestinal tract especially stomach, prevent epidemic and endemic form of disease. It is the best Lymph Purifier and it cures all Lymphatic disorders, and it also detoxes all the toxic substances, morbid matter and antigens in the system.

## SCROFOLOSO-2

It acts upon the entire urinary system, especially for the urinary bladder. The primary action is urinary bladder and secondary actions are other parts of the urinary system, as on urethra, ureters and kidneys. S2 is functional disorders of the bladder and the C2 is specific for structural disorders of bladder, renal insufficiencies functions of the bladder, diabetes, or renal failure.

It is useful for stomach, small intestine, large intestine, liver and gall bladder. It is the best remedy for a lymphatic temperament person. Digestive complaints, maintain the gastric functions, maintenance of secretions of bile, promote bile, gallstones, urinary stone, constipation; promote bowel regulation, indigestion, bloating, heartburns (gall disorders), gastric disturbance, flatulence, acidity, anorexia, liver disorder, cirrhosis, fatty liver, jaundice, hormone

nerative remedy, synergy effects of three individual remedies S1, C5, A3, (S1: 10ml + C5: 10ml + A3: 5ml is Canceroso- 9). Entire glandular structures of Gastrointestinal tract and digestive system, stomach, spleen, liver, chronic stomach ailments, disorder due nutrition and metabolism, excellent combination of digestion, regulate abdominal agencies. Disorders of glandular structure, mucosal surfaces and digestive system with circulatory disturbances, best remedy for metabolic disturbances with impurities of lymph and blood, lymphatic glands, enlargement of glands, anemia, general debility. All those diseases have come under the influence of C9, which cured with the S1, A3, and C5.

#### CANCEROSO-10

It is nervous and stomach specific remedy, tissue and glandular or anti degenerative remedy. Acts upon stomach, liver, spleen, intestine, rectum, appendix, gall bladder, intestinal glands and nerves.

Useful for irritable bowel syndrome, constipation from nervous disorders, swelling of the liver and intestine, hepatitis, warts and polyps in the intestine, regulate nervous stomach disorders, regulate the liver function, disorders of nervous or appear due to nervous system disorders as anorexia nervosa, digestive disorder due stressful lifestyle, colitis, spastic colon, nervous diarrhea, ulcerative colitis, and rectal prolapse. Digestive disorders due to dysfunction of liver, gall bladder or defective secretions of digestive juices for stomach, intestine, liver, gall bladder and pancreas.

Useful for appendicitis, gall bladder stone, abdominal pain, constipation, diarrhea, intestinal worms, abscess or swelling of the liver, cancer of the liver, colon cancer, rectum and anus. In diarrhea, make the combination of C10, S10, Ver-1 and YE or WE. In morbid

## Chapter 14

## DISORDERS OF INTESTINE

## FLATULENCE

Commonly known as farting, passing wind, or having gas, flatulence is a medical term for releasing gas from the digestive system through the anus. It occurs when gas collects inside the digestive system, and is a normal process. Gas is collected in two main ways. Swallowing air while you eat or drink can cause oxygen and nitrogen to collect in the digestive tract. Second, as you digest food, digestive gases such as hydrogen, methane, and carbon dioxide collect. Either method can cause flatulence.

**Zimpel Method**

1. S10 + C15, D6 dil, 5-10 drops (children) / 10-20 drops (adult)  
3/4 times in a day

**Krauss Method**

1. S10 + C15, 5<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult)  
3/4 times in a day

## PEPTIC ULCER

Peptic ulcers are open sores that develop on the inside lining of your stomach and the upper portion of your small intestine. The most common symptom of a peptic ulcer is stomach pain. The most common causes of peptic ulcers are infected with the bacterium *Helicobacter pylori* (*H. pylori*) and long-term use of

colon. Stool passes through the rectum on its way out of the body. Proctitis can cause rectal pain and the continuous sensation that you need to have a bowel movement. Proctitis symptoms can be short-lived, or they can become chronic. Proctitis is common in people who have inflammatory bowel diseases. Sexually transmitted infections are another frequent cause. Proctitis also can be a side effect of radiation therapy for certain cancers.

### **Zimpel Method**

1. C2 + S10 + GE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. F1 + S2 + C10, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
3. S LASS, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. C2 + S10 + GE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. F1 + S2 + C10, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
3. S LASS, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## **STRICTURE**

An anal stricture is a narrowing of the end of the tube (anal canal) that takes the stool out of the body. It's also known as anal stenosis. It's caused by scar tissue in the anal canal. This can

2. S2 + C2 + L1 + YE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. S2 + WE, 5<sup>th</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S2 + C2 + L1 + YE, 5<sup>th</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## Chapter 18

### DISORDERS OF KIDNEYS

#### URINE RETENTION

Urinary retention is the inability to empty the bladder. Urinary retention can be acute or chronic. Acute urinary retention is a medical emergency. Urinary retention is most common in men in their 50s and 60s because of prostate enlargement. A woman may experience urinary retention if her bladder sags or moves out of the normal position (cystocele) or pulled out of position by a sagging of the lower part of the colon (rectocele). Causes of urinary retention include an obstruction in the urinary tract, such as an enlarged prostate or bladder stones, infections that cause swelling or irritation, nerve problems that interfere with signals between the

## BREAST PAIN

For many women, sore breasts are one of the earliest signs of pregnancy. Some feel this symptom (which may also be a sign of impending menstruation) as a heaviness or tenderness in the entire breast, while others feel a tingling in the area around the nipple. These sensations are caused by the changes in your breasts brought on by increases in the hormones progesterone and estrogen. Breast tenderness may come and go throughout pregnancy as your breasts prepare themselves for the major job of producing milk for your baby.

### **Zimpel Method**

1. C1 + WE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S3 + F1 + WE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. C1 + WE, 3<sup>RD</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S3 + F1 + WE, 1<sup>ST</sup> / 3<sup>RD</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## MORNING SICKNESS

“Morning sickness” is a misleading term. For some pregnant women, nausea is worse in the morning and eases up over the

**URTICARIA**

Urticaria is characterised by weals (hives) or angioedema (swellings, in 10%) or both (in 40%). There are several types of urticaria. A weal (or wheal) is a superficial skin-colored or pale skin swelling, usually surrounded by erythema (redness) that lasts anything from a few minutes to 24 hours. Usually very itchy, it may have a burning sensation. Angioedema is deeper swelling within the skin or mucous membranes, and can be skin-colored or red. It resolves within 72 hours. Angioedema may be itchy or painful, but is often asymptomatic.

**Zimpel Method**

1. S1 / S5 + C5 + YE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S5 + VER1 / VER2 + YE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
3. S5 + C5 + YE, for external use
4. APP, for external use

**Krauss Method**

1. S1 / S5 + C5 + YE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S5 + VER1 / VER2 + YE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
3. S5 + C5 + YE, for external use
4. APP, for external use

## OSTEOARTHRITIS

Osteoarthritis (also known as OA) is a common joint disease that most often affects middle-age to elderly people. It is commonly referred to as “wear and tear” of the joints, but we now know that OA is a disease of the entire joint, involving the cartilage, joint lining, ligaments, and bone. Although it is more common in older people, it is not really accurate to say that the joints are just “wearing out.” It is characterized by breakdown of the cartilage (the tissue that cushions the ends of the bones between joints), bony changes of the joints, deterioration of tendons and ligaments, and various degrees of inflammation of the joint lining (called the synovium). This arthritis tends to occur in the hand joints, spine, hips, knees, and great toes. OA is a top cause of disability in older people. The goal of osteoarthritis treatment is to reduce pain and improve function. There is no cure for the disease, but some treatments attempt to slow disease progression.

### **Zimpel Method**

1. S5 + C4 + VEN1 + GE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. VEN5 + GE, D5 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. S5 + C4 + VEN1 + GE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. VEN5 + GE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## DISORDERS OF FEVER

### SIMPLE FEVER

Fever (also known as pyrexia or controlled hyperthermia) is when a human's body temperature goes above the normal range of 36-37 Centigrade (98-100 Fahrenheit) - it is a common medical sign. As the individual's body temperature goes up, there may be a sensation of cold until the temperature levels off and stops rising. People's normal body temperatures may vary and are affected by factors such as eating, exercise, sleeping, and what time of the day it is. Our body temperature is usually at its highest at around 6 pm and at its lowest at about 3 am. An elevated body temperature (fever) is one of the ways our immune system attempts to combat an infection. Usually, the rise in body temperature helps the individual resolve an infection. However, sometimes it may rise too high, in which case, the fever can be serious and lead to complications.

Doctors say that as long as the fever is mild, there is no need to bring it down - if the fever is not severe; it is probably helping to neutralize the bacterium or virus that is causing the infection. Medications to bring down a fever are called antipyretics. If the fever is causing undue discomfort, an antipyretic may be recommended. When a fever reaches or exceeds 38 Centigrade (100.4 Fahrenheit), it is no longer mild and should be checked every couple of hours. These temperatures refer to oral measurement (thermometer in the mouth). For normal armpit temperatures, the temperature measures lower than it actually is and the numbers are reduced by about 0.2-0.3 Centigrade.

3. S1 + L1 + WE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day alternatively F1 + P1 + YE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. S1, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively L1, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. F1 + A3 + S1, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
3. S1 + L1 + WE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day alternatively F1 + P1 + YE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **CHICKEN POX**

Chickenpox is a very contagious infection caused by the varicella-zoster virus. It mainly affects kids, but adults can get it, too. The telltale sign of chickenpox is a super-itchy skin rash with red blisters. Over the course of several days, the blisters pop and start to leak. Then they crust and scab over before finally healing. Symptoms appear within 10 to 21 days after you've been in contact with someone who has the virus. Most people recover in about 2 weeks. Chicken pox is generally mild, especially in children. But in severe cases, the blisters can spread to your nose, mouth, eyes, and even genitals. Children under the age of 2 are most at risk for chickenpox. In fact, 90% of all cases occur in young children. But older kids and adults can get it, too.

2. S1 + L1 + WE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively C5 + VER1 + GE, D6 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. S1 + VER1 + GE, 5<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S1 + L1 + WE, 3<sup>RD</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively C5 + VER1 + GE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## Chapter 29

### CANCER

#### BRAIN

The brain and spinal cord make up the central nervous system (CNS). Brain and spinal cord tumors are growths of abnormal cells in tissues of the brain or spinal cord. Tumors that start in the brain are called primary brain tumors. A tumor that starts in another part of the body and spreads to the brain is called a metastatic brain tumor. Brain and spinal cord tumors may be either benign (not cancer) or malignant (cancer). Both benign and malignant tumors

### **Zimpel Method**

1. S6 + C6 / C17 + GE, D4 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S6 + C17 + BE, D4 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively C5 + VER1 + GE, D4 dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

### **Krauss Method**

1. S6 + C6 / C17 + GE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day
2. S6 + C17 + BE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively C5 + VER1 + GE, 30<sup>TH</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## **LIVER**

Liver cancer is cancer that begins in the cells of your liver. Your liver is a football-sized organ that sits in the upper right portion of your abdomen, beneath your diaphragm and above your stomach. The liver continuously filters blood that circulates through the body converting nutrients and drugs absorbed from the digestive tract into ready-to-use chemicals. The liver performs many other important functions, such as removing toxins and other chemical waste products from the blood and readying them for excretion. Because all the blood in the body must pass through it, the liver is

2. P2 + C13 + BE, 30<sup>th</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day, alternatively F1 + VEN1 + GE, 30<sup>th</sup> dil, 5-10 drops (children) / 10-20 drops (adult) 3/4 times in a day

## SKIN

Skin cancer is the uncontrolled growth of cancer cells in the skin. Left untreated, with certain types of skin cancer, these cells can spread to other organs and tissues, such as lymph nodes and bone. Your skin works as a barrier to protect your body against things like water loss, bacteria, and other harmful contaminants. The skin has two basic layers: a deeper, thicker layer (the dermis) and an outer layer (the epidermis). The epidermis contains three main types of cells. The outermost layer is composed of squamous cells, which are constantly shedding and turning over. The deepest layer is called the basal layer and is made of basal cells. Lastly, melanocytes are cells that make melanin, or the pigment that determines your skin color. These cells produce more melanin when you have more sun exposure, causing a tan. This is a protective mechanism by your body, and it's actually a signal that you are getting sun damage. The epidermis is in constant contact with the environment. While it sheds skin cells regularly, it can still sustain damage from the sun, infection, or cuts and scrapes. The skin cells that remain are constantly multiplying to replace the sloughed skin, and they can sometimes begin to replicate or multiply excessively, creating a skin tumor that may either be benign or skin cancer.

Actinic keratosis, also known as solar keratosis, appears as a red or pink rough patch of skin on sun-exposed areas of the body. They are caused by exposure to UV light in sunlight. This is the



### **About the Author**

Dr. Ismayil widely regarded as the pioneer of the Holistic medical movement in India, A Nationally renowned practitioner of Indian system of Medicine, Electro-Homeopathy and Acupuncture. Dr. Ismayil is also an organizer, visionary, author and teacher.

Dr. Ismayil was born in 1982 in the village of Malappuram district of South India to an ancient family of the farmer, a physician, and magician. After completing primary education at home place, further studies at Calicut, and Bangalore.

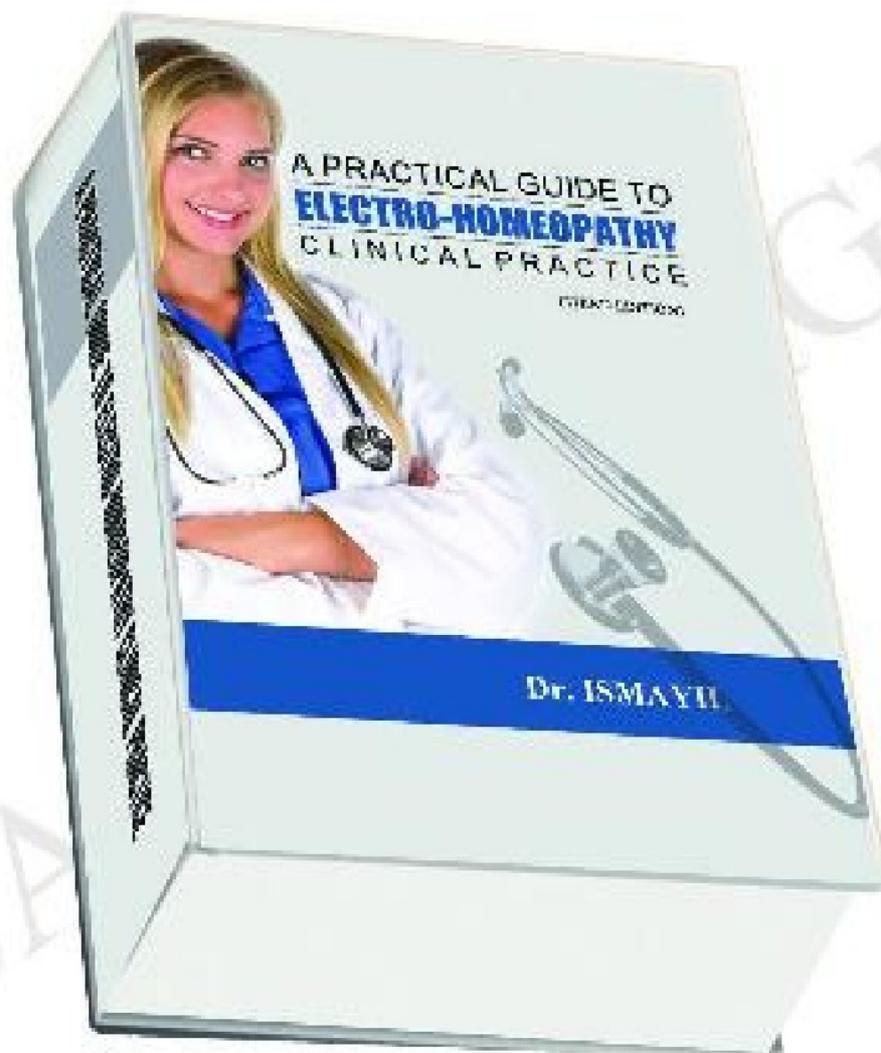
He did his study in the Indian System of Medicine (Indigenous Medicine / BUMS) in 2006 and started practicing, but he continued his studies and completed Electro-Homeopathy (BEMS) from the Punjab Medical Institute of Electropathy & Hospital under the NEHM of India. Completed a postgraduate study in Community Medicine (MD), He has received fellowships (FRHS). He is working with an International NGO, and practice in his home city more than ten years.

### **About the Book**

“A Practical Guide to Electro-Homeopathy Clinical Practice” is the book purposely intended to be a wellspring of data regarding the matter of Electro-Homeopathy with the outright substance and deeply of comprehension it lives in a better way or lifestyle to patients, understudies, even Electro-Homeopaths and lay people by and large.

It's not proposed to be a kind of 'home specialist' yet the per user can counsel an Electro-Homeopathy expert to get the conclusion of their own or different indications. One of the goals of the book is to demonstrate that Electro-Homeopathy has a complex of analytic strategy which takes a professional numerous years in which to wind up a specialist.





A PRACTICAL GUIDE TO  
**ELECTRO-HOMEOPATHY**  
CLINICAL PRACTICE

Dr. ISMAYIL

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Contact Person : Dr. ISMAYIL,

Mob: 9747883618

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